

## G.C.T. ATHLETICS

### GUIDELINES FOR PHASE 1 TEAM SPORTS

The Governor has indicated that on June 1, 2020 Phase 1 of the return of team sports will begin. There are specific guidelines that the Arkansas Department of Health and Arkansas Activities have created to guide us during this phase.

First and foremost, the safety and wellbeing of our students is our main concern at G.C.T. Therefore, if a family feels that this is not safe or the appropriate time to begin team workouts, this student does not have to attend these workouts. A family may also have an activity scheduled during this time due to this being the previous dead period. In these instances, THE STUDENT/ATHLETE SHOULD BE ALLOWED TO RETURN WITHOUT REPERCUSSION WHEN THEY FEEL IT IS APPROPRIATE TO DO SO. THESE TEAM SPORT ACTIVITIES ARE NOT MANDATORY. IT IS MANDATORY TO COMMUNICATE TO YOUR HEAD COACH IF YOU WILL NOT BE ATTENDING A TEAM SPORT ACTIVITY.

The Arkansas Activities Association is recommending to the Board of Directors that they cancel the two-week dead period held in late June and early July. The decision to cancel the dead period will be voted on by June 10<sup>th</sup>. If the dead period is cancelled, we want our parents and athletes who have scheduled a vacation during the dead period to take their vacations. We appreciate the parents who have scheduled vacations during the dead period and want to assure you that your child will not be penalized for going on vacation. Some of our coaches have planned vacations during that period as well and if it is safe to travel, they plan to go on vacation.

G.C.T. will begin Phase 1 on June 1, 2020 with Senior High Team Sports only. The administration will use this as a trial period and evaluate when the best time would be to begin Junior High Team Sports activities.

#### GENERAL REQUIREMENTS

G.C.T. student/athletes will maintain a physical distance of six feet at all times.

Coaches, athletes and staff will be screened prior to any activity. The G.C.T athletic trainers will assist in this.

Face coverings that cover the nose and mouth will be required by athletes and coaches.

Alcohol based hand sanitizer, hand washing facilities, and disinfecting wipes will be provided for use.

Sports facilities, equipment, and other high traffic areas will be cleaned by the G.C.T staff prior to any team activities.

Non-sport related activities such as high fives or chest bumps should be avoided.

#### THINGS WE ARE DOING AT G.C.T.

1. We have purchased face masks for each athlete to wear.
2. We are limiting the number of athletes in each training session.
3. Athletes will need to come dressed for their workout.
4. Locker rooms will not be available for use.
5. A bathroom, that will be sanitized frequently, will be available for emergency use.
6. Hand sanitizer and sanitizing wipes will be available.
7. Equipment will be sanitized after each session.
8. Staff will wear mask at all times.

The athletic directors will educate the G.C.T coaching staff of all the requirements and will oversee these activities. Also, if you have any questions you may contact the Junior High Athletic Director, Keith Metheny (870-215-4450) or Senior High Athletic Director, Dale Schenk (870-215-4460).

The administration will continue to evaluate and adjust during this phase. Our students are our main concern and we look forward to seeing them in a safe environment.